

The Adventure Racing World Championships will be held in Sri Lanka from 03rd to 13th December 2019 and ahead of entries opening in February teams are preparing for the most competitive and high profile expedition adventure race of the year, and the opportunity to visit a dream destination.

The destination announcement was made ahead of last year's World Championships, which attracted 60 teams from 20 countries to Reunion Island in November. This was to allow teams extra time to plan and prepare for this once in a lifetime opportunity to visit an island which is a hotspot destination for travelers. The race is expected to cover 600km, exploring the hill country and the South of the island over a period of 4-8 days, with transfers via Colombo and race HQ set up near the Southern Beaches. Teams of 4 (all co-ed) will race non-stop on a course combining trekking through the forests and plantations, mountain biking on country roads and trails, and paddling on rivers, lakes or the ocean. The AR World Championship 2019 is expected to bring together world's best endurance athletes in events such as teams trek, kayak, mountain biking etc.

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